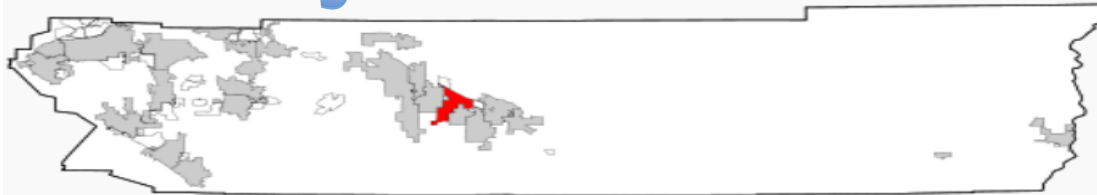


# Healthy Palm Desert Community Profile



## Demographics

- **Population** 51,202
- **Race/Ethnicity** 82.5% White
- **Median Household Income:** \$ 52,053
- **Poverty Level** 10.5 %

- **Walkability score** 25
- **Farmers markets** 1
- **Number of Parks** 12
- **Geographic location:**  
Eastern County



## What is Palm Desert Doing?

The city of Palm Desert is a growing city full of opportunities to be physically active and involved in the community. Palm Desert has a resort Golf course, diverse and integrated parks, hiking trails, wild life in open space land, aquatic center, amphitheater for musical concerts, sports fields, and biking trails. The city also plans events and attractions that create opportunities for economic development. Art sculptures throughout the city promote the arts, and highlight culture and walkability in Palm Desert. For more information and highlights



## Weight Status

	<u>Palm Desert</u>	<u>Riverside County</u>	<u>California</u>
Adults with BMI ≥30	20.1%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

## Health Determinants

### Palm Desert

- Mental Distress	7.2%
- Food Insecurity	2.8%
- Uninsured (0-17)	-
- Uninsured (18+)	18.7%

### Riverside County

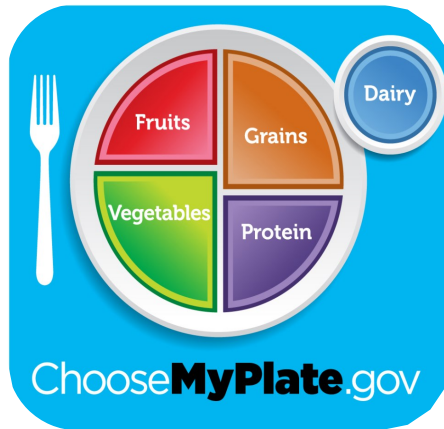
- Mental Distress	8.9%
- Food Insecurity	8.6%
- Uninsured (0-17)	3.6%
- Uninsured (18+)	22.9%

### California

- Mental Distress	7.9%
- Food Insecurity	8.4%
- Uninsured (0-17)	4.2%
- Uninsured (18+)	21.4%

# 67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



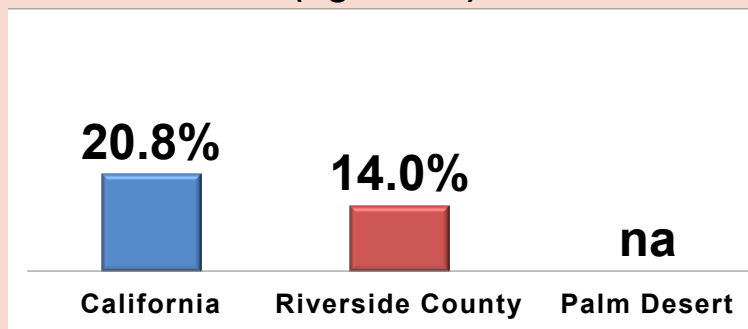
# 47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

# Palm Desert Community Profile

## Active Living

### Regular Physical Activity (Ages 5-17)



### Walked at least 150 min./week (Adults ages 18+)

